



# LEH-LADAKH

*1000 Mobility Aids Distributed to the Disabled*



## PROJECT REPORT

2022| June

Ratna Nidhi Charitable Trust

# PROJECT PARTNERS

LET US JOIN TOGETHER TO MAKE LADAKH DIVYANG FREE

## THE THIRD FREE MOBILITY CAMP IN LADAKH 2022

Inaugural Ceremony and free distribution of Prosthesis & appliances to over one thousand patients

Organized by Mahabodhi International Meditation Centre, Leh Ladakh

Sponsored by Ratna Nidhi Charitable Trust & Rotary International District 3141 & 3070, Mumbai  
on 12 June 2022



Organised by  
Mahabodhi International Meditation  
Centre Leh - Ladakh



Sponsored by  
Ratna Nidhi Charitable Trust  
Rotary International District  
3141 & 3070, Mumbai



Supported By  
UT Administration, LAHDC  
Health Department

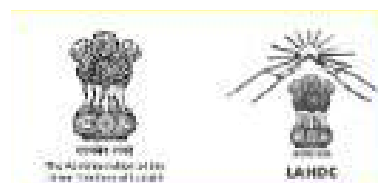
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# PREFACE



Leh, located amidst snow laden peaks, magnificent mountains and sparkling blue lakes has cast an enchanting spell on thousands of people, making it a popular tourist destination over the years. However, despite its popularity as a tourist zone, this region continues to be isolated from the social schemes of the government. Many small villages continue to be disconnected due to limited access and connectivity in this region. The limited transportation facilities in this region, restricts access of the people to healthcare facilities in the region.

2.2% of India's population suffers from Disability. For centuries, differently abled people have been stigmatized and marginalized, and some cultures have institutionalized taboos about such people.

The problem is particularly advanced in India where a physical handicap can often bring fear, prejudice and worst of all, significantly reduced opportunities in education and the workforce because of the perception that such people are less efficient.

Ratna Nidhi with a mission to uplift people with physical disability in India, embraced on a journey to travel 11,000 feet above sea level and organize a Disability camp for the second time in Leh.

Ratna Nidhi also donated 20,000 books to set up the first of its kind Himalayan High Altitude library which will impact thousands of children of Leh.

Ratna Nidhi in association with the support of Venerable Bhikku Sanghasena from the Mahabodhi International Mediation Center and Rotary International District 3141 & 3030, organized this camp, which has impacted the lives of numerous disabled children, youth and aged beneficiaries.

This report sums up the details of the camp celebrated on the and covers heartwarming stories of people, whose lives we have impacted.

Ratna Nidhi's work in the area of Disability spans over 25 years and we have donated over 2.4 lakh mobility equipment's across India.

# DISABILITY CAMP

Ratna Nidhi organized the Disability camp in partnership with Mahabodhi International Meditation center and Rotary International District 3141 & 3030.

The planning and execution of this project spanned over 6 months, with the screening camp being organized in April, 2022. Beneficiaries were mobilized for this camp from Leh, Nubra valley, Pangong and Kargil. These are some of the most remote and untouched regions in India, perched at high altitudes where travelling can be physically challenging. Our team with their grit and determination were able to scale these heights, to ensure that every disabled in these remote regions has an aid which would uplift their current condition.

The distribution camp for this project was organized from 12th to 15th June, 2022 at the Mahabodhi International Meditation Center. 1000 aids like Jaipur foot, calipers, crutches, wheelchairs and hearing aids were distributed at this camp.

The camp was graced by Honorable Chief Guest, H.E. Shri. R.K. Mathur, Lt. Governor of U.T. of Ladakh, Chairman, LAHDC Leh, Advocate Tashi Gyalsen; Member of Parliament, Ladakh, Jamyang Tsering Namgyal; Commissioner Secretary, Tribal and Social Welfare Department, Padma Angmo; Founder MIMC, Ven Sanghasena; District Governor, Rotary International, District 3141, DG Rajendra Agarwal and Trustee, Ratna Nidhi Charitable Trust, Mumbai, Rajiv Mehta, PDG Dr. Bal Inamdar & PDG Jayant Kulkarni.

# AREAS COVERED FOR THE DISABILITY CAMP



*Leh*



*Nubra valley*



*Pangong lake*

# DISABILITY CAMP INAUGURATION



*Honorable Chief Guest, H.E. Shri. R.K. Mathur, Lt. Governor of U.T. of Ladakh*



*Member of Parliament, Ladakh, Jamyang Tsering Namgyal*



*Sh. D.G. Rajendra Agarwal, District Governor Rotary International, District 3141*



*Sh. Rajiv Mehta, Trustee Ratna Nidhi Charitable Trust, Mumbai.*



*Rotarian Sandip Kedia*



*PDG Rotary International District 3141, Dr. Bal Inamdar*



*Padma Angmo, Commissioner Secretary, Tribal and Social Welfare Department,*



*Advocate Tashi Gyalson, Chairman, LAHDC Leh*



*PDG Rotary International District 3141, Jayant Kulkarni*







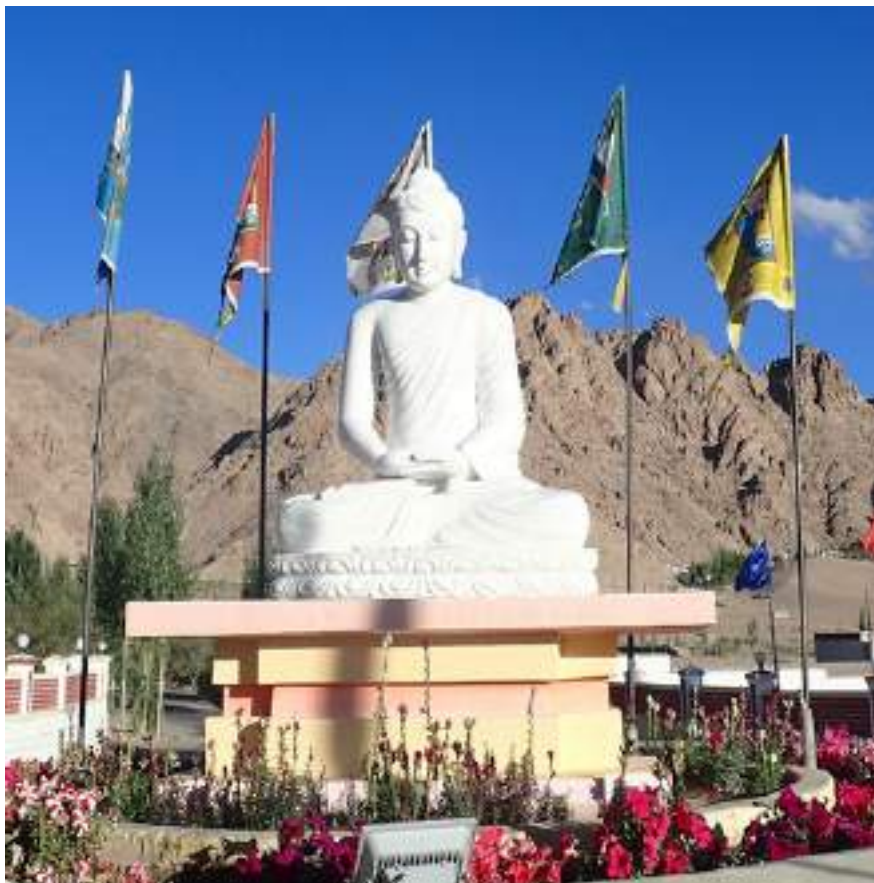
## BENEFICIARIES FROM THE CAMP







# MAHABODHI INTERNATIONAL MEDITATION CENTER





# **HIMALAYAN HIGH ALTITUDE LIBRARY**

In order to provide access to quality reading material to children at Leh, Ratna Nidhi donated 20,000 quality reading books with a mission to set up the first of its kind Himalayan high altitude library.

Ratna Nidhi along with Rotary 3141 and Mahabodhi International Meditation center laid the foundation stone for the Himalayan High-Altitude Library at the Buddha Park and also inaugurated the New Library at the Mahabodhi Residential School.

The library will be one of its kind, with the children of Leh having access to the best books for reading and gaining knowledge.

With access to superior quality books, the children will have the opportunity to be exposed to a wide variety of academic reference and story books at the library.

These books will further pave the way to build the future Einstein's, Steve Jobs and Bill Gates of the world.

# LIBRARY INAUGURATION EVENT





# STORIES OF CHANGE



## **Rigzen Angchok, 46 years, Leh**

Rigzen lives in Leh with his family. In 1999 he lost his legs to a land mine accident. Ever since then life has been drastically different, with him using many kinds of artificial limbs. He got to know about our camp through an advertisement on radio and was happy that with his new Jaipur foot he will now be able to walk independently and comfortably. With a meager salary of Rs.5000 a month, the free Jaipur foot will go a long way in providing him with independent mobility he shares.



## **Sonam Puchoke, 75 years, Leh**

Sonam lives with his family and was brought to the camp by his grandson. He used to work as a porter at the army in his younger days. He lost his leg to a landmine accident 20 years back and since then life has been very different, with him having to depend on his family for his day to day tasks.

His old leg was uncomfortable and hence through our camp he found the well fitting Jaipur foot which has enabled his smooth mobility.



## **Stanzin Yangkit, 8 years, Nubra**

Stanzin was born with a physical deformity that left her with crippled legs since birth. She is a shy child and doesn't talk much. Currently in grade one, she enjoys listening to music and going to school.

Her father works as a laborer and earns Rs.5000 a month. The calipers provided to her has helped provide support to her weak legs and aided in her independent movement.



## **Gulam Rasool, Leh**

Gulam was born with a birth defect due to which he was unable to walk independently. He lives with his retired grandparents who were formerly in the army. The calipers provided to him helped him walk independently.



## **Rigzim Dolma, 68 years, Leh**

Rigzim was born without hands at birth, She lives with her family and all her life has been living without a hand. When she heard about a free camp, she came to assess her situation and was provided with an artificial hand.

For the first time in her life she will be using prosthetic hands which will help her in day to day activities and farming.



## **Mohamad Hussain, 25 years, Kargil**

Mohamad lost his hand to an electric shock many years back. Ever since then he has been functioning with one hand. He currently is pursuing his graduation and was extremely grateful for the new hand given at the camp.

Coming from a poor family, the hand provided is a blessing in disguise and will help him hold basic things and aid him in day to day chores.



### **Padma Gurmat, 11 years, Leh**

Padma is a sweet 11 year old boy who was born with a deformity that rendered him immobile. His father works as a laborer and earns Rs.1000 a month. At our camp he was provided with a free wheelchair and his father was extremely happy as it would help their family transport Padma around without much hassles.

Padma is in grade 3 and enjoys playing games with his friends and studying English. A wheelchair from us would go a long way in ensuring he can live an independent life



## **Sonam Tenzin, 80 years, Leh**

Sonam lost his hearing six years back. He used to work in the army and some years back his daughter left him at an old age home. He is left with little hearing in his left ear and no hearing in the right ear.

He was extremely happy to get the free hearing aids which would enable him to listen to his prayers and friends.



## **Tashi Lamo, 52 years, Leh**

Tashi lost her hearing 10 years back. Life has been tough with her losing her parents and now she lives all alone. She has her sister who is married and lives with her family.

She currently works as a gardener and was ecstatic to receive the hearing aids for free. She eagerly looks forward to hearing songs and speaking to her sister and their children with the help of the hearing aids.

# PRESS RELEASE

Times Bureau

Times of India

State Times

Indus Dispatch

The North Lines

Lokshashan

# SOCIAL MEDIA COVERAGE



The event was organised by MIMC in collaboration with @ratnanidhitrust & @Rotary Intl. District 3141 & 3070 Mumbai, where in 1000 PwDs received prosthesis & assistive devices.



Commissioner/Secretary UT Ladakh and 9 others  
15:08 · 12 Jun 22 · Twitter for iPhone

*Tweet from the Office of H.E. Shri. R.K. Mathur, Lt. Governor of U.T. of Ladakh*



## **CONTACT US**

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