# Chandrapur Medical Camp Report 2019



MZ & KZ Shah Foundation







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## **PROJECT BRIEF**

Chandrapur is a small district in Eastern Maharashtra founded by Khandkya Ballal Sah, a Gond king of the 13<sup>th</sup> century located approximately 30 kms from the very famous Tadoba Tiger Reserve. It is the only state in Maharashtra which still houses the Gondi tribe. The district is infamous for Naxalites. With an economy primarily dependent on mining, it still remains severely under developed.

The idea of a medical camp at Chandrapur started with a visit to ACC office and ACC team visiting Ratna Nidhi office a year and half ago, with a desire to explore the possibilities of working together.

Our work in Chandrapur began with two free book donation exhibitions in Chandrapur where we donated 30,000 and 15,000 books respectively. This was followed by a garments donation drive where 10,000 garments were donated. These initial projects lead to Ratna Nidhi being known in the community of Chandrapur.

Our ground work had highlighted that excessive tobacco consumption has led to severe dental problem, with many of them being at a pre-cancerous stage (9 out of 10 men here consume ghutka). Many women suffer from chronic body pain and gynecological ailments. Malnutrition had led to stunted growth and low immunity in children. With limited access to quality medical facilities, residents here are exposed to increased health risks.

Keeping this need in mind, Ratna Nidhi in association with MK and KZ Shah Foundation & ACC Trust organized a mega medical camp from  $17^{\rm th}$  to  $23^{\rm rd}$  December 2019, with an aim to impact 10,000 beneficiaries in Chandrapur.

Based on the success of the above, we made a pilot visit to Chandrapur to see the integrated cement plan and see various tribal villages and meet the villagers. We also met Christ hospital, civil hospital, Government medical college of Chandrapur, Chairman social welfare board, Social welfare officer, Education officer, District health officer, Gujarat Ambuja Cement CSR team, Ultratech CSR team, local Rotary and Lions club members, Indian Medical Association-Chandrapur, Sevagram Wardha hospital, GMC Nagpur etc several times over a year and connected with all of them to work jointly with a mission to make a difference. Everybody we met agreed to work in collaboration with us in our efforts to organize a mega medical camp at Chandrapur.

ACC cement plant gave us their football ground along with two halls for the camp site. A mandap was created with enough chairs and arrangements which could comfortably seat 1500 people at any given time. 12 busses were deployed with a coordinator in each to fetch patients from each cluster of villages twice a day and drop.

Our on ground publicity included techniques like pamphlet distribution, awareness by anganwadi workers, school principals connected through district education officers. This helped create a massive outreach campaign over three months and got visibility for this free medical diagnostic and treatment camp in the entire district.

During the camp, every day at 6 am busses left to go to villages to get the patients. Each patient who came to the camp was accompanied by a relative, and travelled 2 hours one way to the camp and spent 3 hours at the camp. 8 portable toilets were kept at camp site for all the beneficiaries. ACC industrial canteen make unlimited supply of piping hot samosas and batatawada and cutting chai which was served to all patients, relatives and organizing team of doctors and volunteers at the camp.

Each patient attending the camp was provided with the following things for free:

- Garment packed neatly in plastic bags. 10,000 garments were shipped to the camp site from our Mumbai office.
- 1500 Coalgate tooth paste and tooth brush were donated which was given to each incoming children from schools.
- 2000 notebooks were distributed to school students
- 3200 ball point pens were distributed to school students

- 5000 bananas were given to waiting patients over 7 days of camp
- Over 40,000 samosas and batatawadas and 30,00 chai was served to the entire gathering

6 Rajasthani cooks travelled with us to the camp. These cooks ensured that daily wholesome vegetarian breakfasts and meals for 170 team members were provided for all 7 days.

ACC provided all the visiting volunteers and doctors, with clean and neat accommodations. Their guest house staff was extremely dedicated which ensured that our stay was both comfortable and memorable.

#### THE MEDICAL CAMP SETUP

24 tables were kept at the entrance to register all incoming patients who had to fill a 6-page detailed registration form by a dedicated team of BSW students of Yawatmal college. Post registration the second row of tables made it mandatory for each adult to have his/her blood pressure and sugar checked by team of dedicated staff of Thyrocare

The entire complex was divided into 3 areas for men, women and children. There was an arrival lounge and departure lounge. A flow chart was created to provided patient flow through different OPD setup on the camp site for various medical interventions.

Each person had minimum 1 OPD to go to and could go to multiple OPD's by following written down paths on the camp site. Team of volunteers guided each patient to follow the route to ensure that several issues with respect to health were checked and treated on the spot.

Each student who came to the camp was taken to a pediatric ward where BMI was taken, doctors examined them and prescribed medicines for malnutrition if required

Students with prescription was directed to a pharmacy and pharmacist volunteers gave the medicines free to each beneficiary. After that each student had to come back to main registration counter, show her registration form and child was directed to Dental OPD in the hall.

The team of dentists examined each student. In case of a further treatment they were taken to dental van with 3 chairs and on the spot scaling/cavity filling and/or extraction was done to resolve the problem. After that the student had to come to the registration counter again and show his form and then he was taken to the eye OPD for examination. Post that he was directed to the departure lounge where he was given a piece of beautiful garment and a plate of samosa/batatawada etc

Women patients were taken to Gynecological OPD for consultation and cancer checkup. After that they were coming back for dental checkup and eye checkup. A similar protocol was followed for men as per their requirement.

All the patients had an option to go to the General OPD for general consultation, diagnostics and medicines.

Those with back and knee problems were directed to another hall in the camp site where a team of seasoned physiotherapists examined them. The physiotherapist taught them exercises which they can practice at home. Patients with severe back and knew pain were given LS BELTS, knee caps or collars.

Disabled people were registered and fitted with custom made prosthetics and were taught to walk with balance and were provided physiotherapy as well.

Five innovative devices developed at BETIC, IIT Bombay were used for screening and assisting about 2400 people at the camp. Over 2000 people were screened using the digital stethoscope and 85 patients were detected with abnormal chest sounds, who have been advised further diagnosis. 70 patients were screened for Diabetic foot and 45 were tested positive for peripheral Neuropathy.

Each patient was provided with diagnostics, treatments, given medicines, food and tea and was brought from their villages and dropped back. The entire camp resulted in 10,402 patients coming in from the district. It was indeed a joy to work here, be part of the passionate team of doctors and volunteers.

Every evening post dinner the entire team of volunteers and visiting doctors sat down together in the big hall at the guest house and each person was asked to speak his/her mind and give suggestions to improve the camp work. These suggestions were immediately bought into action the next day thereby improving the entire experience for the beneficiaries.

The camp got together government officials, corporates, NGOs, volunteers and was a brilliant example of collaboration among different stakeholders. Doctors and volunteers travelled all the way from London and Mumbai to provide their services. The spirit of volunteering was seen in its purest form. Thousands of women, children and men turned up at the camp every single day and went back with a smile on their face.

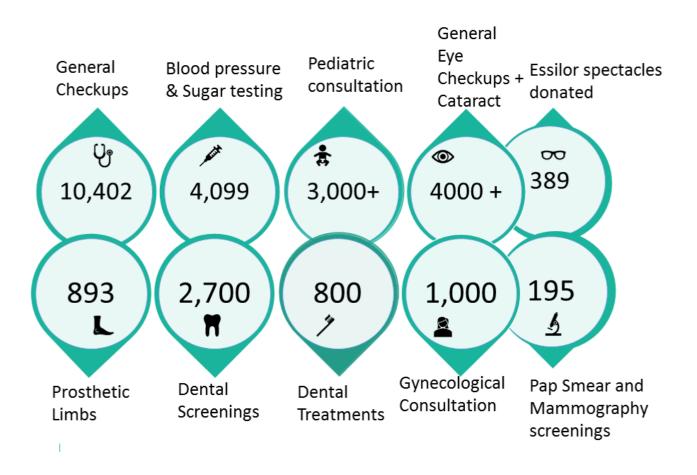
The camp was a terrific success and highlighted the tremendous need for quality healthcare services to be provided in rural India. From meeting a woman who cried because she couldn't marry due to her cleft palate, to girls who wish they could be healthier and study after grade 10, to men who eat tobacco to deal with stress and pledged to quit tobacco, the stories are countless and heart wrenching. These people and their stories strengthen our resolve to continue our journey in impacting lives and making a difference. Ratna Nidhi pledges to continue this journey and scale camps like these to more disadvantaged and rural people in India.

## **IMPACT AT A GLANCE**

# BENEFICARIES IMPACTED = 10,402

# **DIAGONOSTICS AND TREATMENT INTERVENTIONS**

= 30,777



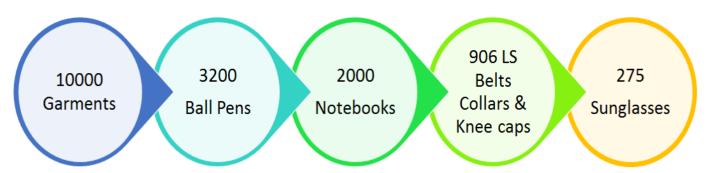
## MEDICINES DONATED

- Vitamin D & B= **18600**
- Eye Drops=**2784**
- Pain Ointment tubes=**1720**
- Colgate Toothpaste and Tooth brush=1440
- Multivitamin
   Tablets and Other
   Tablets=36,500

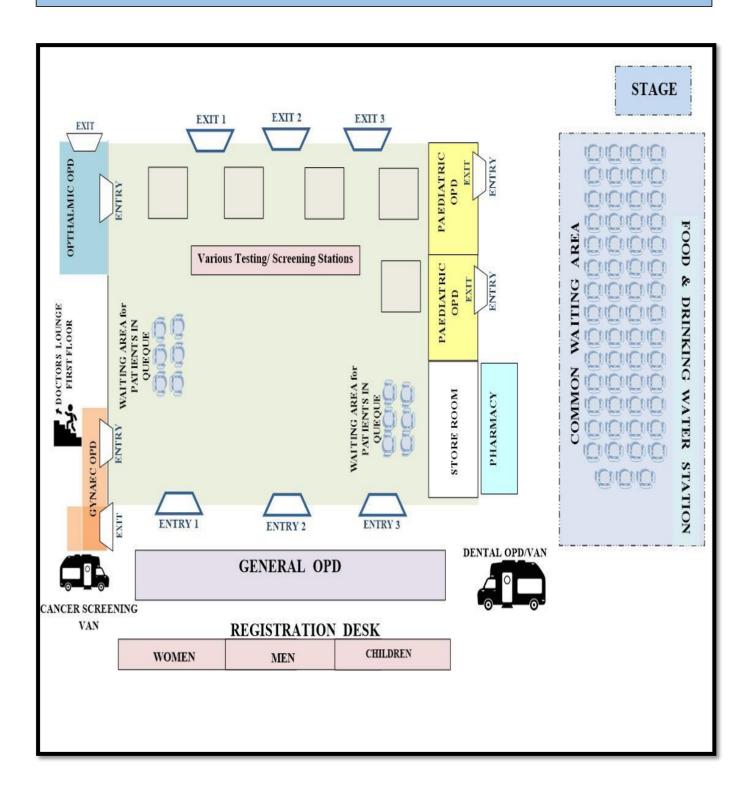
# TESTS BY BETIC

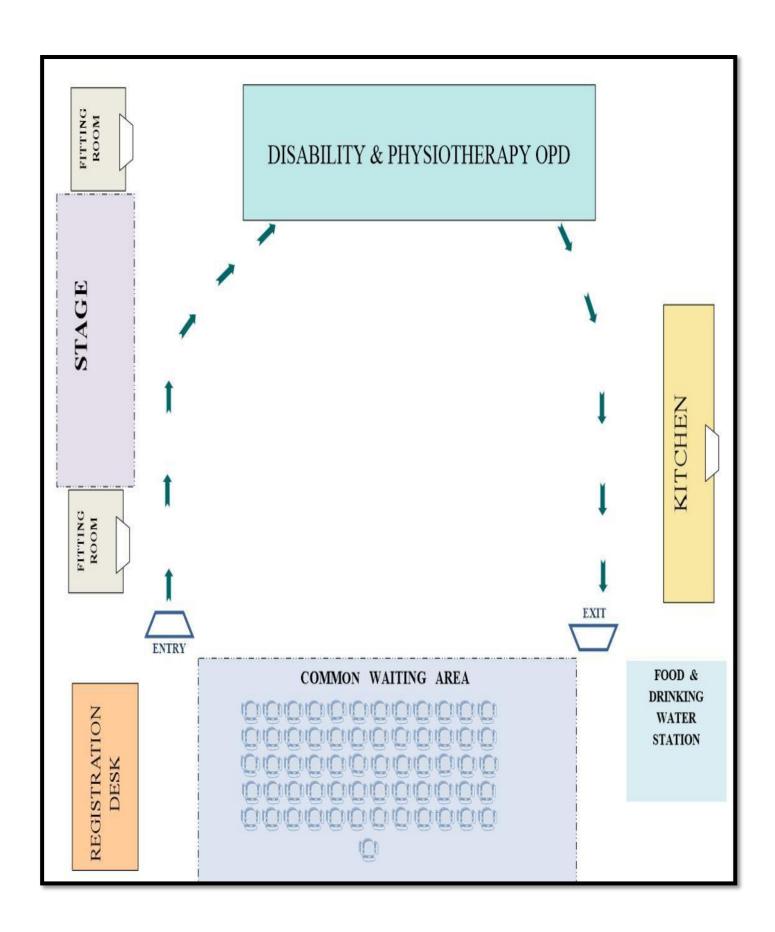
- Glaucoma Test= **203**
- ECG Testing =**101**
- Digital Stethoscope Screening= **2000** &
- 85+ abnormal sounds recorded
- Diabetic foot= 78
   patients screened &
   44 Neuropathic
   detected
- Ratna Nidhi leg= **16**

#### **OTHER THINGS DONATED**

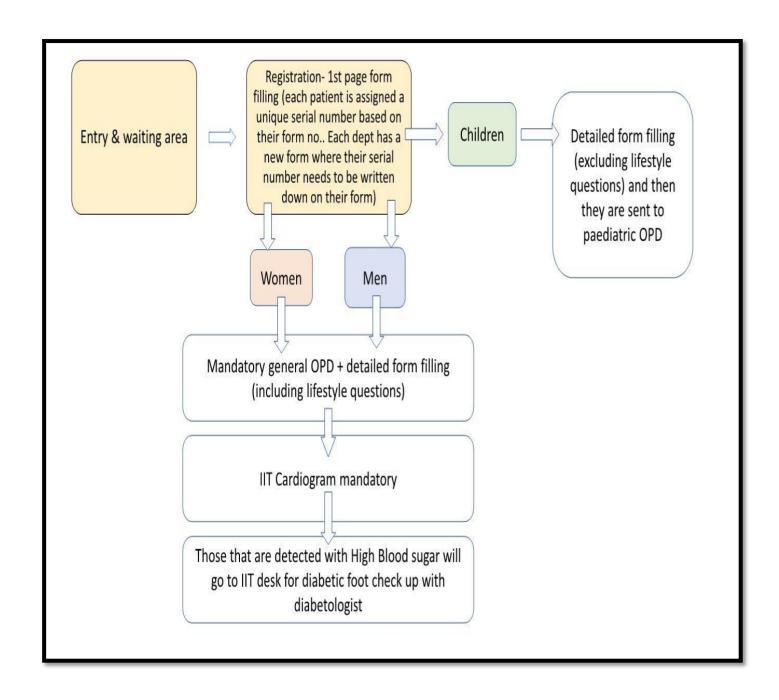


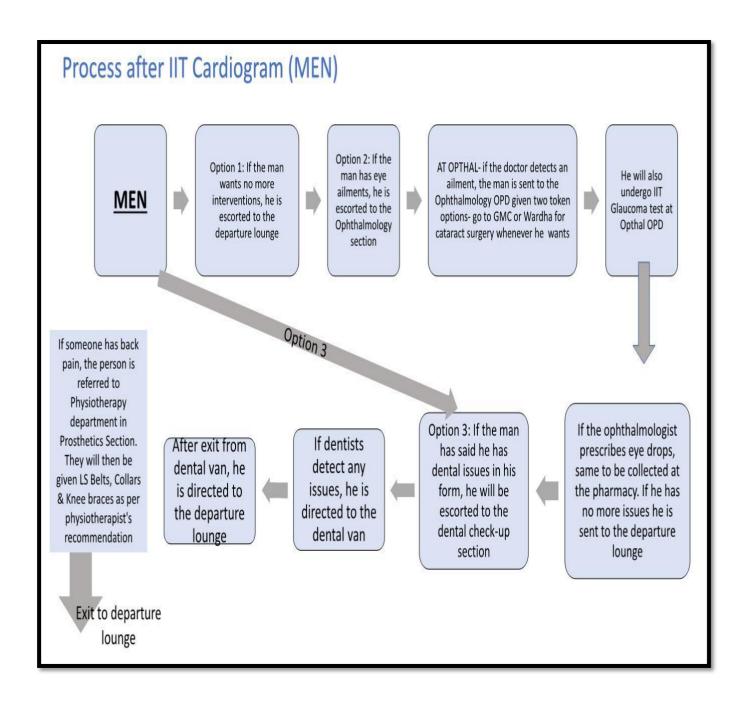
## **FLOOR PLAN OF THE CAMP**

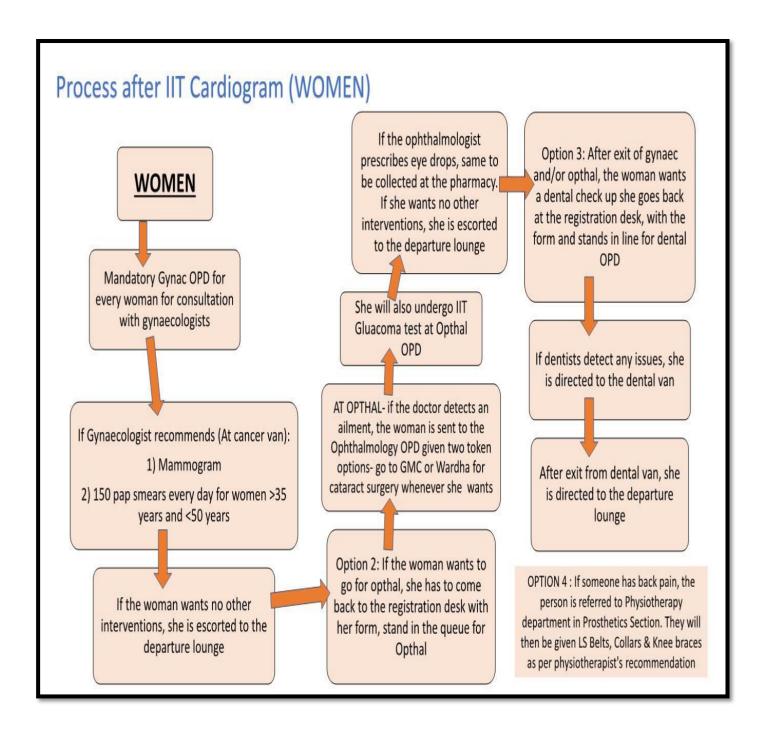


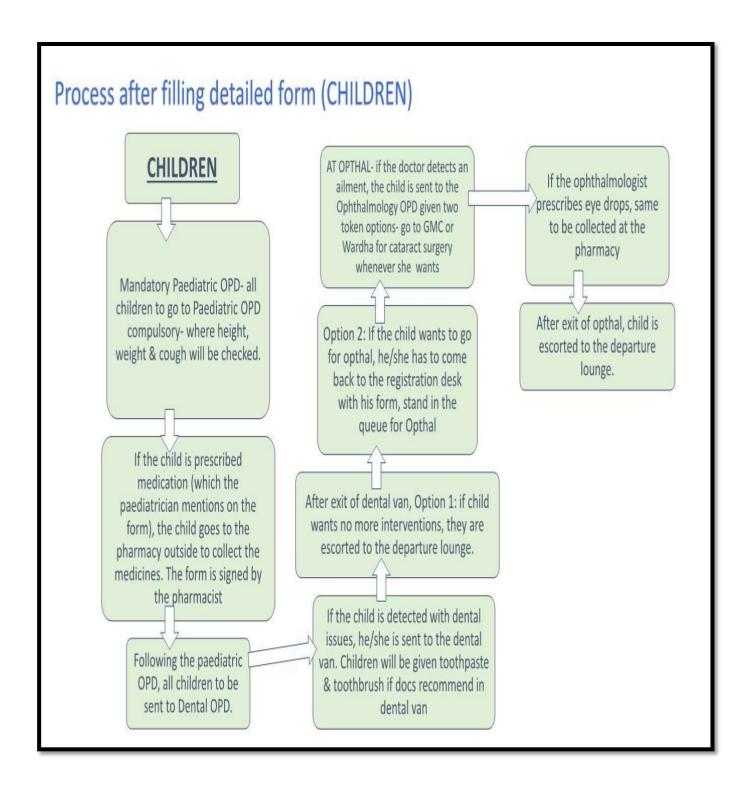


## PROCESS FLOWCHART OF THE CAMP









## FORM SAMPLE USED AT THE MEDICAL CAMP

# **CHANDRAPUR MEDICAL CAMP**

Date:	SR No	
Name:		
Age:	Gender:	
Address:		
Mobile No:		
Chief Complaint <u>:</u>		
PRELIMINARY DATA		<del></del> -

#### **BLOOD PRESSURE (mmHg)**

Name of doctor:	
Reading 1.	Reading 2
SYSTOLIC.	SYSTOLIC
DIASTOLIC.	DIASTOLIC
Comments/ Advice Given:	
o Diet	
o Exercise	
o Smoking	
o Relaxation	

o Weight management o Alcohol Consumption	
	BLOOD GLUCOSE MONITORING
Name of Doctor:	
Results:	
Advice Given:	

## **PRE-SCREENING QUESTIONNAIRE**

Please tick the appropriate box

	Question	Yes	<u>No</u>	Notes (if yes, please define)
1)	Do you have any long-term chronic conditions eg diabetes, high blood pressure, asthma, high cholesterol?			
2)	Have you seen a GP or hospital doctor in the last 6 months for any of your long-term conditions?			
3)	Have you had a blood pressure test in the last 6 months?			
4)	Have you had a blood sugar check in the last 6 months?			
5)	Do you suffer from eye problems?			
6)	Do you take regular medication?			
7)	Any known allergies? (to food, medicine or any other substance)			

#### **LIFESTYLE INFORMATION:**

Please tick the appropriate box

Concern area	Currently	Ex-consumer	Do not	<u>If you</u>	Qther
	consume		consume	are/were a	<u>notes</u>
				consumer,	
				how many	
				units did you	
				consume per	
				<u>day</u>	
Smoking					
Alcohol					
Tobacco					
Paan					
Other drugs					

## **TESTING DETAILS:**

Diagnostic Tests registered for (Please Tick):			
	Body Mass Index (BMI)		
	Eye Check-up- Cataract		
	Dental Oral Check		
	Paediatrics & Malnutrition		
	Cancer screening		
	Prosthetics		
	Physiotherapy		



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#### **BMI: BODY MASS INDEX**

Name of doctor:
Height(cm)
Weight (kg)
Waist Circumference(cm)
BMI CALCULATION:
Comments/ Advice Given:



Not done

Name of Doctor:
Cataract surgery:

Done

Notes:

# MZ & KZ SHAH FOUNDATION





#### **EYE CHECK-UP**

Surgery statu		
Done	Not done	
Notes:		
		DENTAL CHECK-UP
Name of Doo	rtor	
	<u></u>	
Cavity: Yes	No	
103	110	
Cavity filling:		
Done	Not done	Not applicable
Futus ation us	a:a.d.	
Extraction re		
Yes	No	
Extraction pr	ocedure:	
Done	Not done	Not applicable



# MZ & KZ SHAH FOUNDATION





#### **PAEDIATRICS & MALNUTRITION**

Name of Doctor:	
esting outcome:	
Medicines/ Vitamins Prescribed:	



# MZ & KZ SHAH FOUNDATION





#### **CANCER SCREENING**

For women or	nly	
Do you have a	any gynecology	y issue you would like to discuss today?
Yes	No	
If yes, please s	state:	
Name of Do	ctor:	
Cervical		
Done	Not done	
Breast Exam	ination	_
Done	Not done	
Note:		
Follow up:		

#### **PROSTHETICS**

Pre-screening done?			
Yes No			
Date of screening:			
Prosthetic given:			
Yes No			
Type of prosthetic:			
	OTHERAP	_	Notes
Question	<u>Yes</u>	<u>No</u>	<u>Notes</u>
<ol> <li>Are you suffering from back, neck, knee, shoulder, leg pain?</li> </ol>			
Do you have difficulty in walking or balancing?			
3) Do you have weaknesses/ paralysis in arm or leg?			
Name of therapist:			
Pre-screening:  Done Not done  Type of prosthetic (if applicable): Ailment: Exercises suggested:			



Five innovative devices developed at BETIC, IIT Bombay were used for screening and assisting about 2400 people at the camp. Over 2000 people were screened using the digital stethoscope and 85 patients were detected with abnormal chest sounds, who have been advised further diagnosis. 70 patients were screened for Diabetic foot and 45 were tested positive for peripheral Neuropathy.

Device: Above Knee Prosthesis

Attendee: Lalitrao Amrutsagar,

Gaurav Parit Start Date: 17th

December 2019.

End Date: 23rd December 2019

#### **About Above Knee Device**

The IITB and RNCT teams had visited the district in advance to ascertain the local needs and plan the logistics. They also identified 18 amputees, whose measurements were taken during the advance visit. Then BETIC researchers Lalit Amrutsagar and Gaurav Parit fabricated patient-customized prosthesis and brought them to the camp for fitting to the patients. One patient Mangaldip said, "I lost my leg in an accident last year and lost hope of getting back to normal life with a job. Now that I am back on both feet, I intend to start a new business to take care of my mother and family."

#### Patient Feedback

The prostheses fabricated by the new approach were then distributed

to around 20 beneficiaries. These beneficiaries were chosen from two different locations in the Maharashtra state, one metropolitan and the other one as the rural location. This is because most of the prostheses fabrication centres are located in the metropolitan cities across India, allowing easy facilitation and service support for the prosthesis maintenance for the amputated patients in the metro cities. But the rural population still has limitations concerning prosthesis maintenance.

Thus 5 people from Mumbai suburban area and 15 people from Chandrapur district were chosen and accordingly the prostheses were fabricated and distributed to these 20 patients. Feedbacks were recorded using the Trinity Amputation and Prosthesis Evaluation Scale (TAPES). The TAPES questionnaire was filled in- person at the time of prosthesis delivery. Table 1 represent different sets of the questions and the respective TAPES score for these patients at the time of prosthesis delivery (table1).

Types of questions in the TAPES questionnaire

The project team has used the following five sets to group the TAPES questionnaire and has calculated the total score (out of 5) for each set of questions.

**Set 1 questions** - contains a series of statements concerning the psychosocial aspects of wearing an artificial limb. Respondents rate each item on a 5-point scale ranging from strongly disagree to agree strongly.

**Set 2 questions** - concerns activities one might do during a typical day and whether having artificial limb limits one in these activities and if so, to what extent. Response options are - limited a lot, limited a little, and not limited at all

**Set 3 questions** - assess the extent to which respondents are satisfied or dissatisfied with several different aspects of their artificial limb: colour, shape, noise, appearance, weight, usefulness, reliability, fit, comfort, and overall satisfaction. Ratings are made on a 5-point scale ranging from very dissatisfied to very satisfied

Set 4 questions - assess residual limb/stump painSet 5 questions -assess phantom limb condition and related painTable 1: - Patient feedback at the time of prosthesis delivery

Patient Number	TAPE S Score					
	Set Set 2 Set 3 Set 4 Set 5 Overall					
	1	(Out of 3)	(Out of 5)	(Out of 5)	(Out of 5)	Satisfaction
	(Ou t of 5) 2	3)	3)	0)		(Out of 5)
1	2	1.1	3.3	4.5	4	2.98
2	2.2	1.1	3	4	4.5	2.96
3	3.6	2.4	3.9	4.5	4.5	3.78
4	4.9	2.2	3.9	4.5	5	4.10
5	3	2.2	3.9	N/A	4.5	3.40
6	3.8	2.2	4	4.5	4.5	3.80
7	4	1.2	2.9	N/A	3.5	2.90
8	3.2	2	3.9	N/A	4	3.27
9	3.9	2	3.9	N/A	N/A	3.26
10	3.2	2	3.9	3	4	3.22
11	4.5	1.8	3.1	N/A	5	3.60
12	4.3	2.2	4.5	4	N/A	3.75
13	3.7	2.1	4.7	3.5	3.5	3.50
14	2.4	1.4	3.9	3	5	3.14
15	4.5	1.1	4	2.5	N/A	3.02
16	3.7	2.1	4.3	3.5	3.5	3.42
17	3	2.2	4.3	3.5	N/A	3.25
18	3.2	1.1	3.8	3.5	4	3.12
19	2.4	1.1	3.9	2.5	3	2.58
20	4.9	1.1	4.5	4	4	3.70

The project team has tried connecting to all the 20 patients telephonically for the prosthesis related feedback collection. Patient number 2,3,7 and 10 were not available telephonically for the feedback. Patient number 1 was using the old prosthesis with single-axis active knee joint which bends during walking. The prosthesis provided by the project team consists of the single-axis passive knee joint which needs to be locked during walking.

This is because the project team is working on the improvements in the socket part of the prosthesis and the remaining parts of the prosthesis are kept similar to that available with the conventional prosthesis. Hence patient number 1 though collected the prosthesis but did not used the prosthesis given by the project team. Patient number 9 and patient number 14 who live in the rural area of the Chandrapur district, reported the comfortable fitment of the prosthesis during the time of the prosthesis delivery but then within the 15 days of the prosthesis use, they started feeling irritation at the IPR region and hence stopped using the prosthesis after 12-15 days of the prosthesis delivery.

Patient 14 has, however, also reported to the project team telephonically, that his natural stump might have increased in the musculature. Project team further advised the patient to measure the stump circumference using a measuring tape and validated the increased musculature telephonically on the natural stump part compared to the one available at the time of the prosthesis delivery.

The project team have recorded feedback about the improper fitment of the new prosthesis for this patient. Patient number 9 has also reported that the prosthesis fitment is not comfortable and additionally reported that the continued wearing of the prosthesis

for more than three days is resulting into the skin infection at the distal lateral end of the stump part.

The project team has advised both the patients (number 9 and 14) to stop using the provided prosthesis until the next podiatric review and prostheses repair. The team has planned a podiatric review and prosthesis maintenance-related visit shortly to Chandrapur to address the issues reported by the patients telephonically.

#### Conclusion

Comparison of cycle times for conventional fabrication process and new digital fabrication process has clearly shown that new digital fabrication approach is time-efficient compared to conventional fabrication with adaptability to batch production and mass production of AK prosthesis.

The new data acquisition process of the digital fabrication approach is no more person-specific and it reduces efforts on technicians' side. After delivery feedback collected from 20 patients also showed that AK prosthesis fabricated with new digital fabrication approach is comfortable for the beneficiaries to perform their daily commute.

Delivery and feedback process is currently capable of recording the prosthetic wearing related issues. The podiatric review and prosthesis maintenance-related visits further need to be planned at the remote location to address the issues faced by the beneficiaries and provide them with the corrective solutions to increase the prosthetic usage on the beneficiary side.

**Device: Diabetic Foot** 

**Screening Device** 

Attendee: Nishant Kathpal,

Adarsh Lodhi Start Date: 17th

December 2019.

End Date: 23rd December 2019.

#### **About Ayati Devices**

STIMU the world's first device to screen diabetic patients for peripheral neuropathy without the need of patient's feedback to prevent foot amputations at an early stage. To screen a single patient,

current devices take more than 20-30 minutes and are subjective while our device take about 50% less time. It is used for any subject undergoing a physical examination and intended only for medical diagnostic purposes in clinic or hospital.



STIMU (Stiffness Measurement Unit)

Summary of patients screening				
Task	No. of			
	patients			
Total No. of	70			
patients screened				
Total Patients	45			
screened				
positive for				
	Task  Total No. of patients screened  Total Patients screened			

#### **Device: Smart Stethoscope**

Attendee: Om Patel

StartDate:

17<sup>th</sup>December

End Date:

23<sup>rd</sup> December

#### **About AyuSynk**

AyuSynk is an add-on device on conventional stethoscope. It is an Electronic Stethoscope intended for the detection, amplification and recording of sounds from the heart, lung, anterior and posterior chest, abdomen, neck, limbs, arteries, veins and other internal organs with selective frequency ranges. AyuSynk module is designed for use with child, adolescent and adult patients. It is used for

any subject undergoing a physical examination and intended only for medical diagnostic purposes in clinic or hospital.



AyuSynk Module attached with conventional stethoscope

2000 + individuals in this camp were screened with AyuSynk device and found some abnormal cases too. We collected heart sound of 82 individuals in this seven days' camp.

# Number of individuals screened and abnormal data recorded during camp

Date	Number of individuals screened	Number of abnormal data recorded
17 <sup>th</sup> December 2019	More than 400	13
18 <sup>th</sup> December 2019	More than 400	16
19 <sup>th</sup> December 2019	More than 350	15

20 <sup>th</sup> December 2019	More than 300	17
21st December 2019	More than 250	10
22 <sup>nd</sup> December 2019	More than 300	11
Total	More than 2000	82

# THE TEAM THAT MADE IT HAPPEN

Organizing Team	Doctors	Volunteers	Portescap Volunteers	UK Volunteer	UK Volunteer	RNCT Team	IIT Team
ACC- Vijay Khati & Team	Dr. Nikhil Thakkar	Gira Sardesai	Rashmi Savita	Mukesh Shah	Mahesh Shah	Rajiv Mehta	Lalit Amrutsagar
Ratna Nidhi Charitable Trust	Dr. Neelam Gada	Chandramuk hi Setpaul	Nisha Das	Ajay Shah	Champa M Shah	Nandini Thakkar	Gaurav Parit
MK & KZ Shah Foundation	Namita	Satish Choksey	Prakruti Shah	Ninna Shah	Dhiru (Dhirajlal) Shah	Anushka Desai	Aadarsha K
	Dr. Saroj Sanghavi	30 student volunteers from Savitri Jyotiraoa College of Social Work,Yawat mal	Nalini Yeole	Niyanta Shah	Mahendra (Mohinder) Shah	Richika Padubidri	Shoumil Momin
	Dr. Ruchi Joshi	Anuradha Mehta	Sneha Kolumbar	Mahishcha ndra G Shah	Hitesh Patani	Asha Mehta	Supip Jamwal
	Dr Lalit Meshram	Dr. Kruti Parekh & Family	Vishwajeet Wankhede	Dhruv P Shah	Pratula H Patani	Nandini Mehta	Tapas Pandey
	Dr. Kiran Tokedar	Aparna Dalal	Chetan Kale	Vipul Shah	Dina A Patani	Vilas Silodkar	Adarsh Lodhi
	Thyrocare team	Iris Tsantilas	Rahul Bhor	Joytika V Shah	Amit Patani	4 technicians	Nishant Kathpal
			Vivek Salve	Rashmita K Shah	Lalji Varsani		Om Patel
			Ravi Katiyari	Rasmita N Shah	Yogesh Shah		Poojan Dholakia
			Nilesh Pote	Paras N Shah	Kalpana B Patel		
			Shubham Loharkar	Parul R Shah	Priti Talati		
				Nirmala Shah			
				Ansuya Shah			
				Nishma Milan Shah			

### **SPECIAL THANKS TO**

- 1. Dr. Ajay Shukla of Sewagram
- 2. Dr.More, Dean, GMC Chandrapur
- 3. Dr. Avinash Tekade of GMC Chandrapur
- 4. Dr. Raj Gehlot, District Health Office, Chandrapur
- 5. Shri Brijbhushan Pazare, Chairman, Social Welfare Board, Chandrapur
- 6. Dr. Kiran, President, Indian medical association, Chandrapur Chapter
- 7. Mr. Pratyush Pandey, Trustee, ACC Trust
- 8. Mr.Reddy, Director Plant, ACC Chandrapur
- 9. Dr.S.Chabbara and Dr. Vidya Mahale

## **CAMP VIDEO**

# Chandrapur Medical Camp Report 2019 MZ & KZ Shah Foundation HOPE 45MILE FRITA NIDHI

Click on the above video to watch the entire coverage of the Chandrapur Medical Camp

# PICTURES FROM THE CAMP

# The main camp site at the ACC Sports Complex





The Camp area



Canvassing in a rickshaw with loudspeakers to create awareness about the camp in Chandpur



### People queuing up at the main entrance





### Registrations taking place at the main entrance





# Buses lined up at the camp site with children and adults from the villages





Crowds gathering at the registration desk

#### Crowds gathering at the dental van and main entrance

















## People queuing up to get free medicines at the pharmacy and garments at the garments counter





### Free garments being provided at the camp



#### **INAUGURATION CEREMONY**

The inauguration ceremony of the camp was attended by:

- 1. Mr. Vam Shridhar Reddy, ACC Plant Director
- 2. Mr.Kurien Business Head, ACC
- 3. Mr.Satyajit Amle, Senior Police Inspector
- 4. Mr.Rajiv Mehta, Trustee, Ratna Nidhi Charitable Trust
- 5. Mr. Mukesh Shah, MZ and KZ Foundation









#### **CLOSING CEREMONY**

#### The closing ceremony was attended by:

- Mr Reddy, Plant Director, ACC Chanda Cement Works
- Dr.Rathod, Civil Surgeon, Civil Hospital
- Dr. Raj Gehlot, District Health In charge- Chandrapur district
- Mukesh Shah-Trustee, MZ & KZ Foundation
- Rajiv Mehta, Trustee, Ratnanidhi Charitable Trust
- Dr. Nikhil Thakkar, Dentist, Mumbai





Dr.Rathod, Civil Surgeon, Civil Hospital addressing the crowd



Dr. Raj Gehlot, District Health In-charge- Chandrapur district addressing the crow















Medicines were given for free at the camp



Free Coalgate packs were donated at the ca

### Free notebooks being donated at the camp









Jaipur foot being arranged at the camp





Beneficiary being fitted with Calipers

### Beneficiaries being helped to walk and provided with physiotherapy







Physiotherapy for the patients at the camp



Eye checkup department at the camp

### Doctors at work at the camp



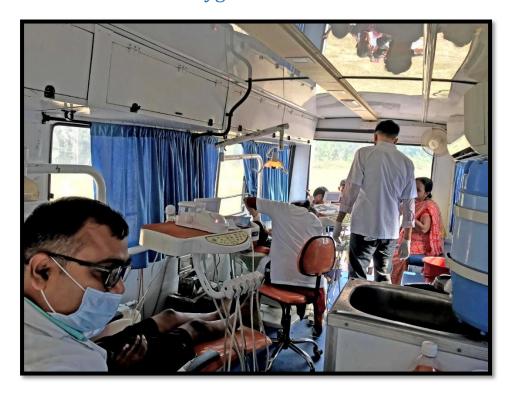


### Dental treatments were provided at the camp

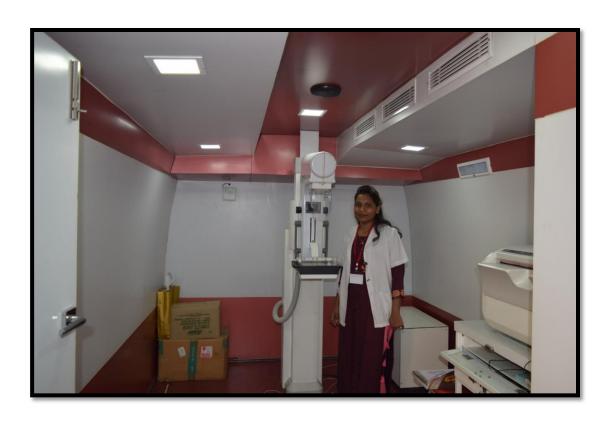




## The Dental team at work and free workshops being conducted on oral hygiene awareness





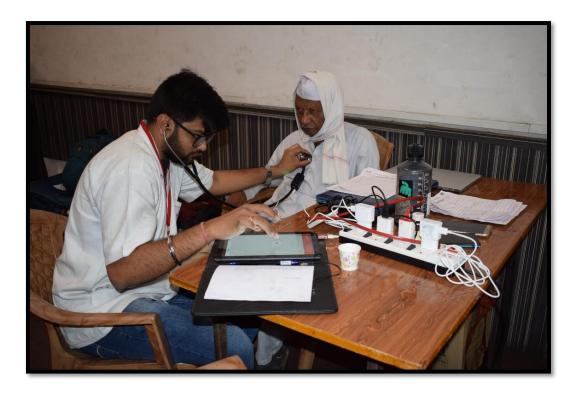


Mammography device in the van



The Cancer Screening van

#### The innovations of BETIC IIT Mumbai



Patients being tested by the digital stethoscope



Patients being tested for diabetic foot

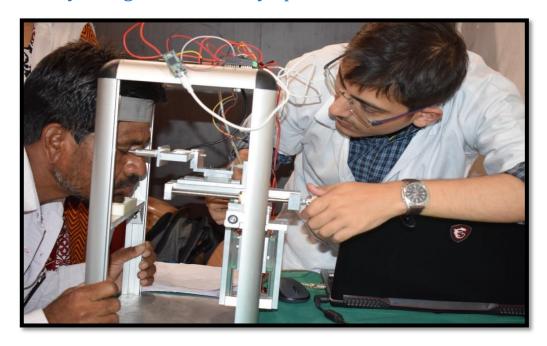
### Patients being tested with ECG machine







Beneficiary being tested with Eye pressure measurement device



Patient being tested with a Glaucoma screening device

#### Children provided with artificial prosthetic aids







Awareness workshop on cervical cancer by the volunteers



Children receiving free garments at the camp

#### Children being provided with dental treatments at the camp





The Team behind the camp





# Team Briefings were organized every day after the camp to ensure constant improvement at the camp





# Happy Volunteers at the camp





# Crowds assembling at the entry desks of the camp





# Volunteers at work





# Volunteers from Portescap India Private Ltd. enjoyed the experience of volunteering at the camp



Happy beneficiaries at the camp





Children having a good time with our volunteers





# Happy school children after their treatments





Happy women and children at the camp





# **STORIES OF CHANGE**

#### DISABILITY

#### 1. Yash Moreshwar Pendo, 5 years

Yash lives in Chandrapur with his parents, 2 siblings and grandparents. He was born with a disability and also missed his polio shots twice. His parents work as laborers and barely earn Rs.5000 to 6000 a month. His parents went to several doctors to seek a remedy for his childs illness but in vain. With pain in their eyes they share, "We only want our soon to walk comfortable and lead a normal life like the rest of the children." Yash loves playing with his friends and going to school. His parents want him to become a doctor when he grows up and help more children in India. "We want to thank Ratna Nidhi for donating these calipers for free to us and helping our soon walk back on his feet comfortably."



#### 2. Jayshree Govinda Dhanolkar, 18 years

Jayshree is an 18-year-old girl who suffers from Downs Syndrome since birth. She had another sibling who passed away a while back. She is a school dropout as the area where she lives doesn't have a school for specially challenged children. Her father earns close to Rs.5000 as a laborer and barely makes enough to support the needs of his family and disabled daughter. "We thank Ratna Nidhi for their efforts in travelling all the way to Chandrapur and providing disabled people with support in this area."



#### 3. Jayshree Waghmare, 17 years

Jayshree lost her leg in an accident when she was 5 years old. The accident leads her to be disabled as her leg had to be amputated. The disability didn't break her spirit to be educated and she is currently studying in Grade 12. She walks 5 km every day from college with the help of her crutches. With a shy smile on her face she shares "I can now finally walk without crutches and on my own feet. I want to grow up and be a doctor and am willing to work hard for it. Thank you for coming to my village and providing me with a free Jaipur foot."



#### 4. Nitin Rathod, 18 years

Nitin lost his leg in a train accident when he was 16 years old. In a split second, life changed his physical state but not his mental state of mind. Hailing from a small village called Jyuti, Nithin lives with his parents who are also disabled. His father is a farmer and earns 4000 rupees. "I dream to study well and get a good job so that I can support my old parents. I thank Ratna Nidhi for their efforts to help disabled people like me in Chandrapur."



#### 5. Uttam Save, 29 years

Life took an unpredictable twist for Uttam when lost his leg six years ago in an accident. After the accident, he had to amputate his entire leg and used to find it very difficult to move. He currently owns a small shop and lives with his family whom he needs to support. He barely earns 3000 rupees a month which helps him survive. He shares "I am extremely thankful to Ratna Nidhi and ACC for the new Jaipur foot through which I can also drive a car and move around freely."



#### 6. Sidhra, 3 years

Sidhra suffers from Cerebral Palsy and is unable to move around independently due to weak limbs. Her parents took her to several doctors for her treatment but were unable to find a cure to her condition. Her medical expenses are extremely difficult to afford for the family but her father is trying his best. Her father earns 3000 rupees a month and getting teary eyed seeing his daughter get a new leg he shares, "I am a poor man and we can't afford to buy such expensive devices for her. We thank you for the calipers and hope that she can at least walk like other children with these."



#### 7. Pranay Kotamare, 8 years

Pranay had the entire crowd at the camp attracted to him with his energy and positivity. He was born with a deformity due to which his legs were crippled, shorter and one feet had ten toes. Despite his disability he enjoys dancing and runs like any normal child. Both his parents work in order to ensure that Pranay can have a good life. "I enjoy studying Maths and want to grow up and be a doctor one day. I like my new leg and can walk around like the rest of my friends from today" he shares with sheer innocence.



#### 8. Chabil Rishi Kumvsare, 41 years

Chabil lives at Rajoli in Chandrapur. He lost his leg in an accident when he fell off from a moving train. The accident caused his legs to be amputated in 2011. Ever since then life has been difficult for him and a struggle to survive. With tears in his eyes he shares "I used to find it very difficult to farm without my leg but now with my Jaipur foot I can farm, cut woods and do all other chores by myself. I have a 13-year-old daughter whose education I need to provide for and am extremely grateful for this new leg that is given to me for free."



#### 9. Rahul Ramte, 35 years

Rahul lives in Chimor, Chandrapur with his wife and daughter. Despite life not being too kind to him he reflects immense positivity. He lost his leg when he fell from a moving train in 2010. Ever since then he has been using an artificial leg which was not very comfortable. He works as a vegetable vendor and works long hours to earn more money to support his wife and disabled daughter. His daughter suffered from a rare kind of paralysis at the age of 4 and ever since then has been bed ridden. Despite meeting several doctors to cure his daughter's condition, it hasn't been cured yet. He shares" Life has not been kind to me and my daughter but I don't believe in giving up. I work very hard each day for us and am happy that people like you help the poor like us."



#### 10. Bander Sukru Gurande, 50 years

Bander lives with his wife, son and daughter in law at Chandrapur. Struggle and a tough life reflects in the lines on his face. He works in an iron mine and earns six thousand per month. An insect bite leads to a major infection on his feet die to which his leg had to be amputated. He shares "I have been using an artificial leg for many years but none of those legs are as light as the Jaipur foot and fit so well. Thank you Ratna Nidhi and ACC for your kindness and efforts."



#### 11. Yash Bhushan Umalva, 5 years

Yash started experiencing pain in his right leg at the age of 3. Despite showing several doctors, there was no cure found to his problem. After visiting the camp at Ratna Nidhi he was advised to use a caliper for his leg which would enable him to walk comfortably. Yash's father shares "I work in a mechanical workshop and make 10,000 rupees a month. I want my son to study well and grow up and become a successful person. This free Caliper ensure my child can walk on his own and lead a normal life. We are blessed to have your support."



#### 12. Sachin Teltumne, 40 years

Sachin had to amputate his hand due to drunk driver's negligence seven years ago. The car ran over him and his hand to be amputated. Having to work with one hand has been difficult yet he herds cows for other people to make a living. The absence of one hand has given him severe pain in the other but he still manages to put a smile on his face and live positively.



#### 13. Ranjana Dupare, 40 years

Ranjana lost her legs to an accident in 1995. Despite her disability she decided a beautician course and works a beautician to support her family. She earns twenty thousand a month and has two children who are in Grade 4 and 2. "I find the new Jaipur foot much lighter and easier to use and hence wanted to replace my old leg with a new foot. Thank you for your support."



#### 14. **Bhavlabhai, 62 years**

Bhavalbhai lost her ability to walk after a paralysis attack in 2017. Her son is a pump operator at ACC and earns Rs.12,000 a month. She suffered from high diabetes before her paralysis and that added to her condition. She has lost the will to live and do her day to day chores. Her muscles were stiff and in severe pain. Her son got her to the medical camp by lifting her in his arms. Bhavalbai received a wheelchair from Ratna Nidhi and her happiness knew no bounds. She was also advised on some exercise for her pain which would help improve her condition over time. Her smile was priceless when she sat on the wheelchair. Her son shared "We are a poor family and can't afford to buy such an expensive wheelchair for her. Thank you Ratna Nidhi for making our lives easier and gifting this wheelchair to my mother."



#### 15. Priyanka Maya, 18 years

Priyanka is an 18-year-old girl who suffers from Cerebral Palsy since childhood. Her father resorted to alcoholism due to the constantly worrying about her and his inability to find a job. He currently works at ACC in the maintenance department and makes 6000 rupees a month. After speaking to our team, he promised to quit consuming alcohol and stay focused on just taking care of his daughter. Even her mother promised to quite eating tobacco for the sake of her daughter. Due to poverty they were unable to show her to a doctor and treat her. A wheelchair was donated to her and our team will be funding her treatment at a private clinic.



Over 2700 beneficiaries were screened for dental problems at the camp. 809 patients were treated at the camp which included treatments like scaling, filings and extraction. Close to 95 cases of pre-cancerous patients were counselled individually. 1500 dental kits including toothpaste and toothbrush were sponsored by Colgate for children. Apart from these other dental items like mouthwash, anti-decay tooth cream, anti-biotic tablets and sensitivity toothpaste were given for free. Several dental awareness workshops were conducted for children and adults were organized to educate them about preventive measures for tooth decay and better oral hygiene.

#### 1. Radhabai, 60 years

Radhabhai live in Ghugus and got to know about the medical camp from here friend. She lives with her son and daughter in law. Experiencing pain in her teeth for several weeks, she decided to visit the camp and treat it from a dentist. On inspection the dentists advised her for a tooth extraction as it had been damaged internally. "I would not have visited a doctor as I cannot afford to pay them. I am grateful that this treatment was done for free and my pain will finally subside."



#### 2. Nikantha Jungfari, 61 years

Nikantha lives in Yavatmal with his wife and 2 sons. One of his son is disabled and the other one has abandoned him, He farms for a living and earns 2000 rupees a month. He was experiencing severe pain in his molars and on inspection by the dental team was advised to extract the molar due to internal damage of the tooth. "I thank everyone for being so kind and helping a poor old man like me" he shared.



#### 3. Utkarsh Kongola, 8 years

Utkarsha is a sweet little girl who live sin Gugus with her family. Her father works as a mason and earns Rs.10000 per month. Utkarsh love studying and playing with her friends. She underwent a cavity filling at the camp for free and her parents were extremely grateful to receive a free dental treatment from Ratna Nidhi.



#### 4. Sudarshan Madavi, 36 years

Sudarshan works as a ACC contractor in the security department and earns 10 to 15 thousand rupees a month. He lives with his family members who include his wife, older son and daughter. Sudarshan has experienced several challenges in life and had to face tremendous pressure from his father to get a job. Under stress, he resorted to chewing huge amounts of tobacco and was diagnosed with pre cancer in the mouth. The doctors got a scaling and clean-up of the teeth done and have advised him to immediately quit tobacco which will help prevent him from acquiring oral cancer. Getting teary eye he shared "I am grateful to the dental team for giving me such valuable advice and promise to immediately quit tobacco. My life is valuable and I need to take good care if it."



#### 5. Dilip, 45 years

Dilip lives in Nakoda and works at the ACC power plan. He lives with his wife and two children. Due to excessive tobacco consumption for 10 years, he was detected with oral sub mucous fibrosis and a pre cancer stage. The doctors advised him to immediately quit tobacco consumption, after which there would be a massive improvement in his condition and would prevent him from acquiring oral cancer. The dental team also has advised him to blow a balloon every day to expand his mouth opening which has been altered due to his current condition.



#### 6. Ashish, 26 years

Ashish lives in Nakoda with his mother and two siblings and works as a cleaner in ACC. Due to excessive Ghutka consumption since 18 years, he was detected with a pre cancer condition in his mouth. He got a complete clean up done and was asked to quit tobacco which would prevent him from reaching a cancerous stage.



#### 7. Manda, 50 years

Manda lives in Ghugus with her husband, sons and daughter in law. Her husband drives a rickshaw and sons work in a nearby steel plant. Their total family income is Rs. 11,000 a month." I am thankful to the dental team for filling up my cavity so quickly and healing my pain. I have been ignoring it as I can't afford to spend money to see a doctor and today when I heard of a free camp I decided to come and treat myself. Thank you."



#### 8. Kishtaya Nichakola, 78 years

KIshtaya visited our camp to have his teeth checked as he was experiencing severe pain for several months. Despite having 4 sons, he is having to look after himself and his wife, as none of his sons provide for him. He is surviving on a meager 2000 rupees per month which he receives as pension from the government. He was diagnosed with third stage cancer in the teeth due to excessive tobacco consumption. He had visited several clinics in the past but none of them had detected the cancer aliment in him. Our dental team referred him to Wardha college for free surgery which would otherwise have costed him 8 lakh rupees.



#### 1. Sakshi, 13 years

Sakshi studies in Grade 8 and has been experiencing severe pain in her eyes for the last two months. She lives in Chandrapur with her parents and was bought to the medical cam by her mother. Her father earns just enough to make ends meet and hence very little amount is spent on medical treatments. The eye doctor advised her to visit the Government Medical college to avail of free spectacles if needed.



# 2. Savita Chivane, 40 years

Sunita has been experiencing severe water secretion from her eyes since the past 10 years. The doctors advised her for a refraction test at the local hospital, post which she would be provided with free spectacles.



#### 3. Dayaram Madvi, 64 years

Dayarama lives in Nakoda at Chandrapaur and has been experiencing pain in the eyes for several months due to which he is unable to see. His son works as a contractor at ACC and supports his family. The doctors advised him to get medicines and referred him to a local hospital to get free spectacles which would help him improve his eyesight.



#### 4. Tanushree Gautam, 15 years

Tanushree has been experiencing unclear vision and pain in her eyes for a few months. She lives in Morwa with her mother who is a single parent. Her father passed away a few years back due to alcoholism. Her mother works as a maid and strives really hard to support her daughters and herself. Tanushree was able to see clearly and read well with the spectacles provided to her. She dreams to be a doctor when she grows up and was truly grateful for the spectacles which will help her study and grow.



#### 5. Sakshi Gokuldas, 15 years

Sakshi studies in Grade 10 and lives with her parents and elder brother. She enjoys studying and playing Kabaddi at school. She was experiencing eye pain for a few weeks and after her testing was prescribed with spectacles. Using her new spectacles, she is able to read comfortably and even read things from a distance. "I wish to be a teacher when I grow and am willing to work very hard to achieve my dreams. Thank you for giving me these spectacles which will help me study well."



#### **OPTHALMOLOGY**

#### 6. Komal Erme, 13 years

Komal has been unable to read clearly for a while and realized that she needed spectacles after she was screened by the eye doctors. Her parents couldn't afford to take her to an eye doctor despite knowing that she was unable to see clearly. She was delighted to get new spectacles for herself and shared "I can finally study and read in peace now. I want to grow up and become a doctor and that would need to me to study a lot."



#### **OPTHALMOLOGY**

#### 7. Mala Bharti, 15 years

Mala lives in Ghughus with her brother, three sisters and parents. Her father works as a truck driver and earns less than 8000 rupees a month. Mala wants to become a doctor when she grows up and help people in her village to lead a good life. She has been experiencing pain in her eyes for a while which was impacting her studies. She loved her new pink spectacles and was extremely grateful to Ratna Nidhi for it.



#### **OPTHALMOLOGY**

#### 8. Shahid Sheikh, 10 years

Shahid is a quite boy who observes more than he speaks. He lives with his parents and sister. His father sells slippers for a living. His eyes have been watering for a while and on being tested with a very low number. He opened up with his story slowly and shared "We come from a very poor family and being the son of the house, my parents expect me to start providing for the family soon. We can't afford to buy new things for us and anything that is provided to us for free is a blessing. I am grateful for the spectacles provided."



#### 1. Rekha Algotar, 13 years

Rekha lives with her parents, 4 sisters and 1 brother. Despite being 13 years old, she looked like an 9-year-old due to a weak body frame. She suffers from frequent fever, headache, cold and cough. Her father herds cows for a living and barely makes enough to feed 6 children in the family. Rekha enjoys playing kabaddi and really wishes that she can continue studying after grade 10. She shares that her father would not let her study more as that would require her to travel far and her father would not approve it.

The pediatricians advised her to have multi vitamin supplements and other medicines to treat her current condition. The medicines were provided for free to the girl and she looks forward to getting well soon.



#### 2. Madhvi Rahankar, 13 years

Madhvi lives with her mom and sister. Her father passed away a few years back and ever since then her mother has been single handedly raising her. Her mother is a farmer and earns 3000 rupees a month. Madhvi was detected with kidney stone and was prescribed with medicines for her treatment. The doctors also advised her to consume lots of water to prevent the situation from aggravating.



#### 3. Pragati, 13 years

Pragati had been experiencing severe ear pain for several days and visited the camp to get her ears fixed. Free medicines were provided to her which would put her pain to rest. She dreams to be a doctor some day and help children like herself in the villages.



#### 4. Adnan Sheikh, 9 years

Adnan is a cute kid with loads of energy and enthusiasm despite suffering from a deviated nose and severe tonsillitis. His father had visited 4 hospitals before coming to our medical camp. The issue with Adnan's nose is recurring and the only solution is an operation. Adnan was advised to visit the local hospital and get a free surgery done for Adnan which would permanently resolve his problem



#### 5. Shrutika, 10 years

Shrutika is a 10-year-old girl who has been suffering from constant headache, stomach pain, cold and cough. She has an extremely weak immunity system which makes her very susceptible to diseases and due to this she is constantly seeing a doctor every month. Her father works as an electrician and mother is a housewife. She is extremely shy and looked scared to speak due to her constantly being ill. She was advised to eat nutritious food by the doctors and was provided with free multi vitamins and medicines for cold/cough.



#### 6. Krishna Nankar, 13 years

Krishna is in Grade 8 and is confident and intelligent child. He has been suffering from functional abdominal pain since many months. His parents work as laborer's and earn just enough to make ends meet. He looked fairly short for an 8<sup>th</sup> grade child. He was prescribed with multivitamins and medicines for the pain. Krishna dreams to be an engineer and with the right medical care and food, he can get there soon.



#### 7. Vidya Shri, 3 years

Vidya lives in Ghughus and the innocence in her can make any human adore her. Her father works in ACC as a loader and earns Rs. 10,000 a month. Vidya has recently been facing patches on the face skin and her mother has been worried about it. The doctors prescribed her with skin lotion, medicines and multivitamins to rectify her problem. Her mother who was extremely worried when she entered the camp, was relieved to know that it wasn't severe and can be resolved with the right medicines.



#### 8. Mukul Chide, 5 years

Mukul at such a young age has been experiencing pain in his legs due to weakness in the body. He is also stunted in height due to lack of access to insufficient nutritious food intake. The doctors advised him to eat healthier and also provided him with free multi vitamins and calcium supplements to improve his growth rate.



The physiotherapy department saw a huge crowd of people who reported stiffness in the neck, back and knee joints. Over 906 patients were treated with exercises that will help heal the pains they were experiencing. Most people came in for back belts as they felt that it would cure their condition but our team of doctors educated them on the importance of doing exercises to relieve themselves. The volunteers and doctors worked with a smile managing hundreds of patients with severe body pain.

#### 1. Shantabai, 65 years

Shantabai hails from a small taluka called Ghugus in Chandrapur. Her husband passed away a few years ago and she lives alone now. She gets Rs 600 per month because she qualifies for a government scheme, but that is her only source of income. Because she is all alone, she must manage all the housework on her own.

She came for a physiotherapy session and received a lumber belt for her backache. After attending a group physiotherapy session, she shared "With the money I earn, I cannot afford pain medication and balms, but this belt and these exercises will help reduce my pain".



#### 2. Divakar Warge, 60 years

Divakar heard about the Chandrapur medical camp when he received a pamphlet about it. He was a daily wage labourer but had to stop work 3 years ago because of knee and back pain. He is currently financially supported by his sons and hence avoid asking them for too many favours. After consulting a physiotherapist and getting a knee brace, he said, "I used to take morning walks every day to keep fit but because of my age and the labour work I did, my body aches a lot now and I cannot do that anymore. I miss walking terribly, but now hopefully I will start doing the exercises the doctor has shown me, as well as wear the braces and I will be able to go for my morning walks as well!"



#### 3. Nirmala Bobde, 56 years

Nirmala comes from a village called Usgaon and travelled very far to attend the medical camp. She said "I am a farm labourer and work as a cotton picker. We get Rs 20 for picking 100 kgs of cotton. Since my back started aching, I haven't been able to carry too much cotton and that's why my monthly income has gone down from Rs 2000 to Rs 1000 now. I cannot afford medical treatment, so this free camp is a boon. Hopefully, the lumber belt will reduce my backache and I will be able to go back to earning what I did before".



#### 4. Vimal Dhabekar, 62 years

Vimal has been working for over 45 years in the cotton fields as a cotton picker. She earns Rs 100 for every day if she picks 500kgs of cotton. Carrying heavy loads of cotton on her back has given her severe backache and knee pain. She was elated that she received an L.S. Belt and Knee Braces from the physiotherapists at the camp. She said "I was married off at the age of 14, I have been managing housework and cotton-picking since then. I am so glad the doctors have given me exercises that will help me."



#### 5. Taibunnisa Sayyed, 50 years

Tabunnisa small village called Nakoda and her son works at the cement plant at ACC. Initially, she was hesitant to come to the camp to see doctors because she is scared, but her son persisted and told her it would help her. She is a housewife and takes care of her son and husband but recently has been finding it very challenging because she cannot sit down, feels nauseous and lightheaded and experiences severe pain in her neck. After her visit to the physiotherapist, she shared "Since both my daughters got married, I am the only one that manages the housework. This neck brace will hopefully support my neck while I have to do tasks that require me to bend down."



#### 6. Shobha Rangare, 56 years

Shobha was a labourer who lifts bags of coal every day, and because of that, she experiences waist and knee pain now. Her hobby was sewing, and she would sew clothes for many people in her village, but she hasn't done that since her knee pain got worse. She told us, "My daughter is a teacher and I would like to sew something for her. Now these knee braces, L.S. Belt and exercises that the physiotherapists have given me will hopefully help me start my hobby again!"



#### 7. Bandu Nanaji Thenge, 75 years

Bandu is a rickshaw puller and has been working for over 55 years. He lives with his wife and he is the only earning member of his family. He funded his sons' education, but they don't support him financially. He shares' "I earn only Rs 5000 per month from rickshaw pulling but it makes my back and neck hurt. This neck brace and lumber belt that the physiotherapists have given me and told me to wear for 2 hours every day will definitely help."



#### 8. Nirmala Laxman Parage, 65 years

Nirmala came crying into the camp because she was experiencing debilitating backache. Our volunteers had to escort her directly to the physiotherapy section so that she could be relieved of some of her pain. When the physiotherapists checked her, they explained that she had spondylitis and that was why she was experiencing so much pain. She said, "when I came in, I was in so much pain, Dr Ruchi made me exercise and reduced my pain. I feel much better now and I have promised her that I will continue doing exercises every day."



#### 9. Ramesh Mahadev Bodekar, 58 years

Ramesh is a localite who comes from Ghugus and used to work as a truck driver. He used to transport coal from the mines to the factories and he started experiencing pain in his back and his knees since the last year. He shared, "I used to earn Rs 1500 per month and because I was a good driver, I was given a raise and started earning Rs 1800. But after my pain started, I couldn't drive anymore. I needed back support and putting a pillow behind my back didn't help. The doctors have told me to wear this L.S. Belt for two hours every day. Now I will be able to start driving again so that I can earn money.



#### 10. Murlidhar Pendur, 54 years

Murli is a coal machine operator and earns Rs 1200 per month but constantly needs to take leave from work because of his back pain. After consulting our physiotherapist and being given pain gel and an L.S. Belt, he told us, "I have to keep taking breaks from work and my salary gets cut. If I lose money, I can't support my family and foot all my bills. It becomes very difficult to manage daily expenses even if lose out on a little money, but this pain has been a menace".



#### **CANCER SCREENING**

At the Chandrapur Medical Camp, Rotary Midtown Amravati and Smt Gitadevi & Ratnalalji Trust sent their cancer van with medical professionals from Panjabrao Deshmukh Memorial Medical College, Amravati. The goal of this was to attempt early detection of cervical and breast cancer in women of the Chandrapur region and to assist them with appropriate medical aid.

The van was equipped to test:

- 1) Mammography: A screening tool to detect early breast cancer in women.
- 2) Pap Smear: A screening test to detect Human Papilloma Virus (HPV) that causes cervical cancer

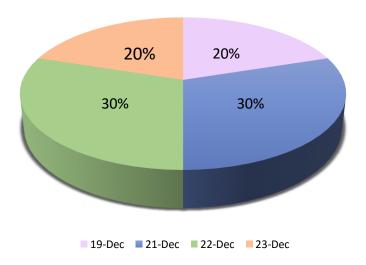
#### **MAMMOGRAPHY**

In totality, over the span of 7 days in the camp, 72 mammography tests were conducted. Average mammograms done in 7 days, per day is 10. A major barrier to performing these tests was a lack of awareness and stigma surrounding women's healthcare.

Day	Number of Tests Performed
17/12/2019	6
18/12/2019	4
19/12/2019	11
20/12/2019	5
21/12/2019	20
22/12/2019	17
23/12/2019	9
Total	72

Most tests were found to be normal. Out of 72 tests, overall 10 irregularities were reported throughout the camp. With maximum, 3 irregularities were detected on a day, on the  $3^{rd}$  and  $5^{th}$  day of the camp.

**Irregularities Detected** 



# DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE AND HOSPITAL, AMRAVATI

## DEPARTMENT OF RADIO-DIAGNOSIS

NAME		AGE	42 years
REFERENCE BY	P.D.M.M.C, AMRAVATI	SEX	FEMALE
PROTOCOL	MAMMOGRAPHY	DATE	17/12/2019

#### MAMMOGRAPHY REPORT

- Fibro-glandular tissues is normal in both breasts.
- No focal mass lesion seen in both breasts.
- No evidence of calcification in both breasts.
- No evidence of retraction of nipple.

Impression; Mammography is within normal limits

Dr. Sushil Sikchi

Associate Professor Professor & Head

Dept. Of Radio-Diagnosis

Dept. Of Radio-Diagnosis

Dr. Sandhya Kothari

PDMMC PDMMC

#### **PAP SMEAR**

In totality, over the span of 7 days in the camp, 121 Pap Smear tests were conducted. Average pap smears done in 7 days, per day is 17. A major barrier to performing these tests was a lack of awareness and stigma surrounding women's healthcare. This barrier was overcome in the last few days by our volunteers as they kept sensitizing the women about the importance of these tests.

No cases of cervical cancer were detected in the reports.

Day	Number of Tests Performed
17/12/2019	7
18/12/2019	9
19/12/2019	13
20/12/2019	4
21/12/2019	39
22/12/2019	32
23/12/2019	17
Total	121

# 21/12/19

#### JABRAO DESHMUKH HOSPITAL & RESEARCH CENTER

MORSHI ROAD AMARAVATI Pin- 444603



Phone No. 0721-2662323/2552353

Lab No : 98778 Req.No

Date : 28/Dec/2019

**Company Name** : Paying Patient Age

: 38 Year(s) 1 Day(s)

Referred By

: Dr.(Unit II) Dr. S.A.Bhuyar

: Female

#### DEPARTMENT OF PATHOLOGY

Prof & Head: Dr. A.T.Deshmukh

#### CYTOLOGY REPORT

Cyto.Ref.No.C/19/12801

Clinical Diagnosis : White Discharge

Nature of Specimen : Pap Smear

REPORT ON MICROSCOPY: PAP SMEAR

**Inflammatory Smear** 

IMPRESSION:

NILM

(Negative For Intraepithelial Lesion or Malignancy)

REPORT PREPARED BY

(RESIDENT)

CHECKED & VERIFIED BY (DEMONSTRATOR)

Report Date: 02/01/2020

Report Time: 12:00pm

IMPORTANT NOTE:- \* FNAC/FNA/Non-FNAC is known to give false positive & false negative results. To be interpreted by competent medical practitioner/Faculty. \* Histopathology remains the gold standard in tissue dignosis.

\*\*\*END OF REPORT\*\*\*

Authorized Signatory Pathologist / Biochemist / Microbiologist

#### CASE STORIES-PAP SMEAR & MAMMOGRAPHY

#### 1. Manisha Suresh Dhak, 37 years

Manisha lives in the Shindula mines and came to the medical camp because she has been experiencing cramps in her uterus and has felt lumps in her breasts. She has been experiencing severe soreness in the last 15 years, since she stopped breastfeeding her child. She has also had urinary tract infections and the gynae told her that she has a swollen uterus. She came to the camp because she earns only Rs 100-150 per day as a farm labourer. She mentioned, "My stomach hurts when I bend down to do any work in the farm and I am afraid of the painful lumps in my breasts". The oncologist conduct mammograms and pap smears for her.

#### 2. Madhuri Mahesh, 32 years

Madhuri camp to the camp to consult the gynaecologist because she and hr husband are unable to conceive. They had one child 7 year ago and have been trying to conceive ever since. She tearfully shared, "I have had miscarriages three times and they have been some of the most painful experiences of my life. I came to the medical camp to take advise of the doctor." After her consultation, Madhuri was also recommended a free Pap Smear to detect any chances of cervical cancer.

#### 3. Shalini Mandhade, 36 years

Shalini is from Ghugus but was hesitant to attend the medical camp because she thought "women's problems" are not important. Her sister-in-law attended the camp on the first day, which convinced her to get herself checked too. She experiences a lot of inflammation and itching, as well as uterine pain. She shared, "my husband doesn't think it is important for me to go to the doctor because these are ladies' problems, that is why I put it off. I told him I am going for dental check-up and came here and did the pap smear and mammogram".

#### 4. Tarabai Vikhe, 60 years

Tarabai had a mastectomy 2 years ago when a lump in her right breast was found to be cancerous. She has 5 children who gathered funds and found donors from various places to fund the operation and help her have 14 chemotherapy sessions. She lives with her oldest son, daughter in law and her youngest son, who has cerebral palsy. They find it extremely difficult to manage household expenses with only one earning member, her son. She tells us, "I had my operation in Nagpur, but recently I felt another lump in my left breast and I got it checked with a local physician. He said I needed to go to a specialist, but I cannot afford it again. My son earns only Rs 15,000 per month and we cannot afford check-up and

#### PAP SMEAR & MAMMOGRAPHY

treatments. When I heard that they are doing free mammograms at this camp, I waited for an ACC bus to come to my village so that I could come here to get a free check-up." If Tarabai's lump is detected to be cancerous, she will be given free treatment at Wardha Hospital and she was elated to hear that!

#### 5. Sunanda, 35 years

Sunanda came to the camp, all the way from Usgaon, to get her eyes checked but was suggested that she also visit the gynaecologists. It was detected that she has been experiencing discomfort after the birth of her third child. She underwent gynaecological examinations and a pap smear as per the doctor's suggestions. She thanked us profusely and shared, "I am a cotton picker and earn Rs 2000-3000 per month depending on how much cotton I pick. My husband is a truck driver. Between the both of us, we can barely cover household expenses and the children's education. Medical care is our last concern. Such camps are very helpful to poor people like us who cannot pay for healthcare."

#### 6. Vaishali Argulwar, 35 years

Vaishali hails from the slums of Ghugus. She has two children and her husband was an alcoholic who passed away 5 years ago. She manages the household expenses, work and childcare on her own. She has passed her 12<sup>th</sup> grade and now works as a cleaner. She said, "There is no one in my family who had cancer,

but I heard that it is good to get it checked. I earn Rs 5000 per month as a cleaner and I cannot afford to do medical tests for myself when I have children to take care of." Vaishali got a pap smear done and will get her results in 3 weeks' time.

#### 7. Renuka Daya, 22 years

Renuka hails from a taluka called Nakoda and came to the camp with her 4-year-old child. Renuka has been facing menstrual problems and cramps, for which she was suggested that she the gynae. She came to the cancer van and got a pap smear and mammogram done. She shared, "I was married off at the age of 17 and had a child immediately after marriage. I barely get time for myself between taking care of my husband and child. My husband is a loader and earns Rs 8000 per month. In that money, we must pay bills, send our child to school and send some money to the in-laws."

#### PAP SMEAR & MAMMOGRAPHY

#### 8. Pallavi Ghule, 21 years

Pallavi is a 21-year-old girl who has been married for 6 months now and lives in Ghugus. When asked what her dreams and aspirations were, she said, "I wanted to be a nurse. I have completed my 12<sup>th</sup> grade and done a 3-month nursing course but then my grandmother forced me to get married. I wasn't prepared to get married, I wanted to study more". When asked why she won't study after marriage, she hesitated for a while and then added, "My husband and in-laws are supportive, they will allow me to study, but I can't start for another year because I am 5-months pregnant". Within a month of being married, Pallavi at the age of 21 years is pregnant and came to the gynaecologist to get her complications checked.

#### 9. Savita Anil Kade, 49 years

Savasha and her husband are both daily wage labourers and together earn Rs 9000 per month. She came to the camp to get a lump in her armpit checked and got a mammogram done for the same. When asked who her family members are, she broke down and told us a heart-breaking story. She said, "I had three

children, but I lost my oldest son 8 months ago. He was only 20 years old and he drowned when he went swimming with his friends. He told me that he will return in 10-minutes, but he never came back. My younger daughter and son are studying engineering and we can only afford their education because we are from the Scheduled Caste and get provisions. I feel like my life has no meaning anymore, but I know I have to stay strong for my children, but I really don't know how to". She also mulled on the unfairness of it all, given that her son had no bad habits, no substance abuse and was a good student too.

#### 10. Tirumala Avnuri, 39 years

Tirumala came to the gynaecologists because she had a fungal infection, a UTI and pain in her breasts. Tirumala is a single mom and has a child who is in 5<sup>th</sup> grade. She is a divorcee and separated from her husband a few years ago because he did not take care of the child and was an alcoholic. She works as a cleaner in a hospital and earns Rs 10,000 per month. In that amount, she must pay her child's fees, bills and the rent. Medical care and self-care is one of the last things on her list of priorities.

#### **TESTIMONIALS**

"The mega medical camp organized by Ratna Nidhi has impacted the lives of so many people directly and provided them with access to medical facilities. This camp will be remembered for a very long time and personally it's been a very touching experience for me."- Mr.C.Reddy, Plant Director, ACC.

I have seen many camps in my life but this camp is the most unique of them all. It is heartening to see the dedication of the entire team and volunteers to serve the people. I am thankful to Ratna Nidhi, ACC cement and volunteers in making this camp such a memorable and impactful experience."- Dr.Saroj, Physiotherapist

"The camp was indeed one of its kind due to inclusion of multiple verticals, while providing logistics for the patients to arrive at the camp from more than 50 kms away. They all went back with a broad smile due to free clothes, food and medicines distributed and of course a happy and healthy soul. I have attended multiple camps in the past treating prisoners, HIV patient and travelling to the remotest deserts of Kutch, but the magnitude of this camp and its highly organized structures is an excellence apart. I am highly grateful to Mr. Rajiv and Mr. Mukesh for giving me this opportunity that lead me to obtain a true sense of satisfaction because I know, I made a real difference and touched the lives of many." Dr. Nilam Gada- Dentist

Ratna Nidhi has put in a lot of effort to ensure that people get access to quality medical care to people in such remote areas. It is commendable to see ACC's efforts in outing together such a massive medical camp."- Gaurav, Research department, IIT

"We had a great experience serving people at the camp and realize how much we take things for granted. It is a huge responsibility to manage such a huge crowd and educate so many women to undergo tests for cervical cancer. Eternally grateful to Ratna Nidhi, ACC Cement and Portescap for making this happen."-Rashmi Savita, Company Secretary, Portescap India

"It's been a wonderful experience to see people from remote villages come and avail of the medical facilities at the camp and make a difference in the lives of so many people. Great efforts by the entire team who made this possible."- Dr. Aparna Dalal-Volunteer

"It was amazing to see the doctors and volunteers work together. Great effort and team work to serve thousands of people who need these medical services in Chandrapur."- Niyanta Shah, Volunteer

#### PRESS COVERAGE

# CHANDRAPUR MEDICAL CAMP GETS FEATURED IN DAINIK BHASKAR-STATE EDITION

# 10402 ने लिया स्वास्थ्य जांच शिविर का लाभ



संवाददाता । घुग्धुस

एसीसी ट्रस्ट व एसीसी सीमेंट लिमिटेड की ओर से रतना निधि चैरिटेबल ट्रस्ट की ओर से मेगा स्वास्थ्य शिविर का आयोजन स्मोर्ट क्लब चांदा सीमेंट वर्क्स एसीसी सीमेंट लिमिटेड के मैदान पर 17 से 23 दिसंबर के बीच की गई। उद्घाटन में कुरीयन, सत्यजीत आमले व वामसिधर रेड्डी, संचालक चांदा सीमेंट वर्क्स एसीसी सीमेंट लिमिटेड सीमेंट नगर अध्यक्ष के रूप में उपस्थित थे। इस स्वास्थ्य शिविर के उद्घाटन में राजिव मेहता रतना, मुकेश, श्रीलता रेड्डी, विजय खटी आदि उपस्थित थे। इस शिविर में 987 कृत्रिम अंगों का माप के बाद निःशुल्क वितरण व फिजीओथेरपी की गई। तज्ञ से निःशुल्क नेत्र जांच करवाने के बाद जरूरतमंदों को सेवाग्राम वैद्यकीय महाविद्यालय की ओर से 43 मोतियाबिंद के



मरीजों की निःशुल्क शल्यक्रिया की गई। विद्यार्थियों की निःशुल्क दंत चिकित्सा भी की गई।सभी बच्चों की जांच कर निःशल्क दवाई वितरित की गई। महिलाओं की जांच के बाद कैंसर जांच की गई व जरूरतमंद महिलाओं को निःशुल्क दवाई वितरित की गई। जिला परिषद स्कूल के विद्यार्थियों की नेत्र जांच कर निःशुल्क चष्मा वितरित किया गया। शिविर में मरीजों की जांच व उपचार कर वैद्यकीय महाविद्यालय चंद्रपुर जिला सामान्य अस्पताल चंद्रपुर सेवाग्राम वैद्यकीय महाविद्यालय सेवाग्राम वर्धा व क्राइस्ट अस्पताल चंद्रपुर मुंबई के दंत चिकित्सक व वैद्यकीय क्षेत्र के तज्ञ डॉक्टरों ने निःशुल्क 10402 मरीजों की जांच करके उपचार किए। 7 दिवसीय शिविर के दौरान 10402 जरूरतमंद मरीजों की जांच करके उपचार कर दवा दी गई। शिविर में परमडोह, शिंदोला, शिवणी, येनक, येनाडी, कवडसी.

चनाखा, गोवारी, चिचोंली, उसगांव, नकोडा, आमराई, घृग्घुस, शेनगांव, पांढरकवडा, वढा, आरवट, चारवट, धानोरा, पिपरी, गडचांदुर, कोरपना, वनसडी, जिवती व जिले के ग्रामीण क्षेत्र के मरीजों ने शिविर का लाभ लिया। इस दौरान सभी जरूरतमंद मरीजों को निःशुल्क नाश्ता, चाय, केक व कपड़े दिए गए व जिला परिषद स्कूल के बच्चों को पेन व नोटबुक वितरित कियाँ गया। ग्रामीण क्षेत्र के मरीजों के लिए 7 बसों की व्यवस्था की गई थी। स्वास्थ्य शिविर के प्रमुख अतिथि जिला स्वास्थ्य अधिकारी गहलोत, जिला शल्य चिकित्सक डॉ.राठोड्, इंडीयन मेडीकल एसोसिएशन के अध्यक्ष डॉ.किरण देशपांडे, वामसिधर रेड्डी उपस्थित थे इस दौरान सावित्रीबाई फुले समाजकार्य महाविद्यालय के 40 विद्यार्थियों ने स्वयंसेवक के रूप में निःशुल्क सेवा प्रदान की।

Fri, 27 December 2019

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## महाआरोग्य शिबिरात दहा हजार नागरिकांची तपासणी

एसीसी ट्रस्टचा उपक्रम : ९८७ दिव्यागांना कृत्रिम अवयवांचे वितरण



शिबिरामध्ये सहभागी झालेल्या महिला. लोकमत न्यूज नेटवर्क

घुग्धुस : एसीसी ट्रस्ट व एसीसी सिमेंट लिमिटेडव्दारा रतना निधी चारिटेबल ट्रस्ट मुंबई, एझ व केझ शाहा फाऊंडेशन, होप फार स्माईल यांच्या संयुक्त विद्यामाने एसीसी चांदा सिमेंट

शिविरामध्ये पडले. या हजारांच्यावर नागरिकांची आरोग्य तपासणी करण्यात आली.

शिबिरामध्ये १८७ लोकांना कृतिम अवयव, ४३ रुग्णांवर मोतीबिंदू शस्त्रक्रिया करण्यात आली. यावेळी एसीसीचे वामसिधर रेड्डी, रतना निधी कारखान्याच्या स्पोर्ट क्लबमच्ये पाच ट्रस्टच्या राजीव मेहता, मुकेश भाई, दिवसीय आरोप्य शिबिर नुकतेच पार ठाणेदार सत्यजित आमले, श्रीलता

#### ५०१ रक्तवात्यांना हेल्मेट वाटप

मागील महिन्यात देवराव भौंगळे मित्र परिवारातकें घुग्घुस येथे रक्तवान शिबिर घेण्यात आले होते. त्या शिबिरात रक्तवान करणाऱ्या ५०१ रक्तदात्यांना प्रयास हेल्थ क्लबमध्ये आयोजित कार्यक्रमात हेल्मेट वितरीत करण्यात आले. कार्यक्रमाचे उदघाटन वेकोलि वणी क्षेत्राचे मुख्य महाव्यवस्थापक



भोंगळे, तर प्रमुख पाहुणे म्हणून उपप्रादेशिक परिवहन अधिकारी शिंदे, घुम्पुस सब एरिया वेकोलिचे सुजित पिसाडिया, मुख्य कार्यकारी अधिकारी काळभीर सब एराया कमालच क्षुजत ।पसाइया, मुख्य कायकार आधकार काळमार, उपमहापौर राहुल पावडे, धुग्धुस भाजपा शहराच्यक विवेक बोहे, जि. प. सक्स्य नितृ चौधरी, धुग्धुसचे पोलीस निरीक्षक सत्यजित आमले, प. स. सक्स्य निरीक्षण तांड्रा, सभापती अल्का आज्ञाम, प्रयास अर्बन कोऑपरेटीव क्रेडिट सोसायटीच्या अध्यक्ष किरण बोहे, चिनोद चौधरी, डॉ. परपैरसर वाकदकर आदी उपस्थित होते. संवालन आसुपचार तर आभार विवेक बोढे यांनी मानले.

विजय खटी आदी उपस्थित होते. सदस्यांनी प्रयत्न केले.

वागसिधर रेड्डी, एसीसीचे व्यवस्थापक शिबिरासाठी विविध संस्थेच्या



शनिवार, २८ डिसेंबर २०१९

चंद्रपुर : एसीसी ट्रस्ट, एमझेड ॲण्ड केजेड शाह फाउंडेशन (यूके) आणि होप ४ स्माईल फाउंडेशन (यूके) यांच्या सहकायांने गूगल.ऑर्ग.चे अनुदान प्राप्त रत्ननिधी ट्रस्टतर्फे वैद्यकीय शिबिराचे आयोजन २६ डिसेंबर रोजी चंद्रपुरात करण्यात आले होते. या शिबिरात तीन हजार रुग्णांची वैद्यकीय तपासणी करण्यात आली.

. बीईटीसी (बायोमेडिकल अभियांत्रिकी तंत्रज्ञान आणि उप्पायन केंद्र) हेल्थकेअर येथे पाच प्रकारची वैद्यकीय गेले आणि ४० न्यूरोपॅथीसाठी



उपकरणे विकसित केली आहेत. डायबेटिक फूट स्क्रीनर; दीर्घकालीन अल्सरेशन आणि विच्छेदन रोखण्यासाठी सक्षम असे इनोव्हेटर्सनी आयआयटी बॉम्बे रुग्णांच्या तपासणीसाठी वापरले

तपासण्यात आले.

अयुलिंक स्मार्ट स्टेथोस्कोप, ग्रामीण रोगींकडून हृदय व फुफ्फुसांचा डेटा शहरी डॉक्टरांना एक साधन ७० मधुमेहावरील अचूक निधान करण्यासाठी रेकॉर्ड करण्यास आणि पाठविण्यास अनुमती देणारे एक उपकरण दोन

हजारपेक्षा जास्त रुग्णांच्या तपासणीसाठी वापरले गेले. या शिबिरामुळे आपल्या सर्वांना वास्तविक वातावरणात उत्पादनांचे आमंच्या विश्लेषण करण्याची संधी मिळाल्याचे अयालिक उपकरणांचे संस्थापक तपास पांडे यांनी सांगितले. शिवाय हृदयआजार, काचबिंदू आदी रुग्णांचे विविध उपकरणाच्या साहाय्याने निदान करण्यात

आले. यावेळी रुग्णांना कॅलिपर आणि क्रचेचे वाटप करण्यात आले. ज्येष्ठ नागरिकांना चध्ये वितरण करण्यात आले. शिबिरात बीईटीसीचे डॉ. रूपेश घायर व चमूने सहकार्य केले.



#### सीएसआर फड आरोग्यासाठी

घुग्घूस । प्रतिनिधी

एसीसी सिमेंट कंपनीतर्फे गरजु लोकांना मदत





नित्वातीलः व्यासमी शावा जाणि केवची आवश्यो करार केवा जाणि केवची करार केवा जाणि करार केवा जाणि करार जाणि एसीसी सर्वे का किरा जाणि एसीसी सर्वे का का जाणि एसीसी सर्वे का का का जाणि एसीसी सर्वे का का जाणि एसीसी सर्वे का का जाणि का जाणि एसीसी सर्वे का जाणि का





### मंगळवार, २४ डिसेंबर २०१९ «

# एसीसी सिमेंट कंपनीतर्फे रोगनिदान शिबिर



शिबिरात रुग्णांची तपासणी करताना वैद्यकीय अधिकारी

घुग्घुस, २३ डिसेंबर

येथील एसीसी सिमेंट कंपनीच्या वतीने सिमेंटनगर परिसरातील स्पोर्ट्स क्लब मैदानावर १७ ते २३ डिसेंबर दरम्यान रोगनिदान शिबिराचे आयोजन करण्यात आले आहे. या रोगनिदान शिबिराचा उद्घाटन समारंभ पार पडला. शिबिराचे उद्घाटन मुख्य व्यवसाय व्यवस्थापक कुरेन यांच्या हस्ते करण्यात आले. तर, प्रमुख पाहणे म्हणुन एसीसी सिमेंट कंपनीचे प्लांट डायरेक्टर वमसीधर रेड्डी, पोलिस निरीक्षक सत्प्रजीत आमले, मुकेश शाह, एसीसी कंपनीचे प्रमुख रेड्डी, सिएसआर सिमेंट कंपनीचे विजय खटी उपस्थित होते.

या शिबीरात तज्ज्ञ डॉक्टरांकडून मोफत आरोग्य तपासणी करण्यात येत आहे. डोळ्यांची तपासणी व मोतिबिंदू शस्त्रक्रिया, कर्करोगाची मोफत चावणी व उपचार, दातांची तपासणी तसेच बालरोग तज्जांकडून मुलांची तपासणी तसेच अपंगांना कृतीम अवयव साधनाचे मोफत वितरण करण्यात येत आहे. या रोगनिदान शिबिरास उत्स्फुर्त प्रतिसाद मिळत आहे. आतापर्यंत तब्बल ७ हजार लोकांची तपसणी करण्यात आली आहे. तसेच विद्यार्थ्यांना पेन व नोटबुक वितरित करण्यात आले आहे.

एसीसी सिमेंट कंपनीच्या खाजगी बसेस ग्रामीण भागात पाठवून नागरिकांना शिबिरात आणण्यात येत आहे. तीन ट्रक औषधसाठा बोलाविण्यात आला आहे. रुग्णास नास्ता व सविधा देण्यात येत असून, मोठ्या संख्येत नागरिक या शिबिरात येत आहे. एसीसी कंपनी, राजीव मेहता रतननिधी चैरिटेबल ट्रस्ट, एम. के. शाह फाउंडेशन यांच्या संयुक्त विद्यमान या शिबिरचे आयोजन करण्यात आले आहे. शिबिराचे लाभ घेण्याचे आवाहन विजय खटी यांनी परिसरातील नागरिकांना केला ∢(तथा वृतसेवा) आहे.

### **PROJECT PARTNERS**



Government Medical College, Chandrapur



Government Medical College, Nagpur



Rotary Club of Amravati



















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